

# WHERE TO GO FOR NHS CARE IN HERTFORDSHIRE



Feeling unwell?  
Symptoms not  
going away?



## GPs & Dentists

You can find a local GP surgery or dentist at [www.nhs.uk](http://www.nhs.uk)



## Your Local Pharmacy

Help & advice for many health issues such as colds/flu, aches/pains

### West Herts Medical Centre (A Primary Care Walk-In Centre)

See a GP - No appointment needed  
You can also register as a patient

Located at Hemel Hempstead Hospital  
Hillfield Road, Hemel Hempstead  
Open 8am - 8pm, Monday to Friday  
And 8am to 7pm, Sat, Sun & Bank Holidays  
Tel: 03000 33 22 33

### Mental Health Issue?

For help & advice phone  
0300 777 0707 (8am – 7pm)  
or 01438 843 322 (5pm – 8am)

### Unsure where to go?

Phone **111**  
and talk to the NHS 111 service -  
it's free and provides advice  
24 hours a day

Injured  
Yourself?



### Minor Injuries Units (MIU)

suspected fractures/broken bones, bites & stings  
Cuts & grazes, minor burns/scalds, sprains & strains  
foreign bodies stuck in ears or nose  
removal of splinters, minor eye or head injuries

#### St Albans City Hospital

Waverley Road, St Albans  
Open 9am - 8pm  
every day  
Tel: 01727 897182

#### Cheshunt Hospital

King Arthur Court, Cheshunt  
Open 8am - 8pm  
every day  
Tel: 01992 622 157

#### Herts & Essex Hospital

Haymeads Lane, Bishop's Stortford  
Open 9am - 4.30pm, Mon to Fri  
Closed weekends & bank holidays  
Tel: 01279 655191 ext 4298

Need to see a  
Doctor today?



### Urgent Care Centres

Open 24 hours a day, every day  
Everything except the most serious medical emergencies

#### Hemel Hempstead Hospital

Hillfield Road, Hemel Hempstead  
Tel: 01442 213 141

#### New QEII Hospital

Howlands, Welwyn Garden City  
Tel: 01707 328111

Emergency?



For an  
ambulance  
Tel: **999**

### Accident & Emergency Services (A&E)

For the most serious medical problems  
such as head injuries, stroke or large blood loss

#### Lister Hospital A&E

Coreys Mill Lane, Stevenage  
Tel: 01438 314 333

#### Watford Hospital A&E

Vicarage Road, Watford  
Tel: 01923 244 366